

Monday	Tuesday	Wednesday	Thursday	Friday
Field Trip: Recreation activities off site (transportation provided) *Please note that you can expect a slight adjustment to activities if there is a field trip or if a Recreation Coordinator is out (such as board games, trivia, etc.) *Calendars are subject to change			1 10:00 am Coffee & Conversation 11:00 am Spades 12:00 pm Lunch 1:00 pm Wellness Journaling 11:30 am -1:30 pm Social Worker Visit	2 10:00 am Coffee & Conversation 11:00 am Would You Rather 12:00 pm Lunch 1:00 pm Bingo
5 10:00 am Coffee & Conversation 11:00 am Pool & Board Games 12:00 pm Lunch 1:00 pm Memory Wellness	6 10:00 am Coffee & Conversation 11:00 am Trivia 12:00 pm Lunch 1:00 pm Arts & Crafts		8 10:00 am Coffee & Conversation 11:00 am Spades 12:00 pm Lunch 1:00 pm Wellness Journaling	9 – Site Closed
12 – Site Closed (Indigenous Peoples Day) 	13 10:00 am Coffee & Conversation 11:00 am Trivia 12:00 pm Lunch 1:00 pm Arts & Crafts 12:00pm-2:00pm Nutrition Clinic w/ Laura	14 10:00 am Coffee & Conversation 11:00 am Photography Club 12:00 pm Lunch 1:00 pm Game Show Hour	15 10AM–2PM Ward 4 Senior Jubilee 10:00 am Coffee & Conversation 11:00 am Spades 12:00 pm Lunch 1:00 pm Wellness Journaling 11:30 am -1:30 pm Social Worker Visit	16 10:00 am Coffee & Conversation 11:00 am Would You Rather 12:00 pm Lunch 1:00 pm Bingo
19 10:00 am Coffee & Conversation 11:00 am Pool & Board Games 11:30 am Nutrition Education w/ Laura 12:00 pm Lunch 1:00 pm Memory Wellness	20 10:00 am Coffee & Conversation 11:00 am Trivia 12:00 pm Lunch 1:00 pm Arts & Crafts	21 10:00 am Coffee & Conversation 11:00 am Photography Club 12:00 pm Lunch 1:00 pm Game Show Hour	22 10:00 am Coffee & Conversation 11:00 am Spades 12:00 pm Lunch 1:00 pm Wellness Journaling	23 10:00 am Coffee & Conversation 11:00 am Would You Rather 12:00 pm Lunch 1:00 pm Bingo
26 10:00 am Coffee & Conversation 11:00 am Pool & Board Games 12:00 pm Lunch 1:00 pm Memory Wellness	27 10:00 am Coffee & Conversation 11:00 am Trivia 12:00 pm Lunch 1:00 pm Arts & Crafts	28 10:00 am Coffee & Conversation 11:00 am Photography Club 12:00 pm Lunch 1:00 pm Game Show Hour	29 10:00 am Coffee & Conversation 11:00 am Spades 12:00 pm Lunch 1:00 pm Wellness Journaling 11:30 am -1:30 pm Social Worker Visit	30 10AM–2PM Natl. Harbor Outlets (limit 21) 10:00 am Coffee & Conversation 11:00 am Would You Rather 12:00 pm Lunch 1:00 pm Bingo
11/2 10:00 am Coffee & Conversation 11:00 am Pool & Board Games 12:00 pm Lunch 1:00 pm Memory Wellness	11/3 10:00 am Coffee & Conversation 11:00 am Trivia 12:00 pm Lunch 1:00 pm Arts & Crafts	11/4 10:00 am Coffee & Conversation 11:00 am Photography Club 12:00 pm Lunch 1:00 pm Game Show Hour	11/5 10:00 am Coffee & Conversation 11:00 am Spades 12:00 pm Lunch 1:00 pm Wellness Journaling	11/6 10:00 am Coffee & Conversation 11:00 am Would You Rather 12:00 pm Lunch 1:00 pm Bingo

