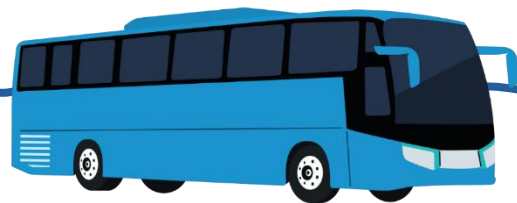




Oasis Senior Center Monthly Community Trips

Add May Trips



Special Events:

Add all special programs Nutrition education, digital navigator ...etc



Visit www.AroundtownDC.org for more events and programs



September 2026

Oasis

Senior Center for the Homeless

Contact Us

Dennis Robinson
Drobinson@iona.org
Center Manager

Maxine Linzy
Site Manager
MLinzy@iona.org

Chris Brentin
CBrentin@iona.org
Sr. Nutrition
Program Manager

Avery Chatham
AChatham@iona.org
Ward 2 and 3 DACL
Project Director

Lytic Brown
LBrown@iona.org
Activities and
Outreach Manager

Mykal Lee
MLee@iona.org
Director of
Community Programs

Dear Friends,

August has arrived in full summer glory with warm sunshine and the energy of celebration. This is a month to embrace the season, stay cool and hydrated, and celebrate the joy of community and friendship that brings us together at our dining sites.

As temperatures rise, it is essential to take care of ourselves. Drink plenty of water throughout the day, spend time in air conditioned spaces during the hottest parts of the day, and wear light clothing and sunscreen when outside. If you are feeling dizzy, overly tired, or unwell, please let a staff member know. Your health and safety matter to us.

August is the perfect time to celebrate our summer activities and friendships. We have wonderful programming lined up including fitness classes, creative activities, games and trivia, and trips to explore our beautiful city. From outings to favorite restaurants to visits to museums and parks, there is always something happening. Join us and make memories with your dining site family.

As summer moves toward fall, we are thinking ahead to exciting programs coming in the months ahead. September brings Fall Prevention education to help us stay safe and independent. October invites us to prepare for cooler weather and reflect on the changing season. And beyond that, the holidays approach with all their warmth and celebration.

August is also a time to appreciate the incredible community we have built at our dining sites. Thank you to our Recreation Coordinators, Nutrition Coordinators, Social Workers, and all staff who work tirelessly to create meaningful experiences for you. Thank you to our volunteers and community partners. Most importantly, thank you to you for showing up and being part of our family.

Wishing you an August filled with cool breezes, good health, warm friendships, and summer joy.

With gratitude and warmth,

Iona Senior Services



17 9:00 am Health Resource / News 10:00 am Music and Arts 11:00 am Games and Social Hour 12:00 pm Lunch 1:00 pm IONA Resource Guide Review 2:00 pm Seasonal Resources-Summer Heat	18 9:00 am News and Conversation 10:00 am Health Resource 11:00 am Chair Fitness w/Ayanna 12:00 pm Lunch 1:00 pm Tech Tuesday 2:00 pm Artist Spotlight and Convo w/Maxine 11:30 am Trevor Goodyear – Social Worker **Comm Trip: Arundel Mills Mall	19 9:00 am Hydration Review and Convo 10:00 am Local News & Iona Resource Book 11:00 am Games with Dennis 12:00 pm Lunch 1:00 pm Arts and Culture Discussion 2:00 pm Let's Travel to an Oasis w/Maxine
--	---	---

24 9:00 am Health Resource / News 10:00 am Music and Arts 11:00 am Games and Social Hour 12:00 pm Lunch 1:00 pm IONA Resource Guide Review 2:00 pm Seasonal Resources-Summer Heat	25 9:00 am News and Conversation 10:00 am Health Resource 11:00 am Chair Fitness w/Ayanna 12:00 pm Lunch 1:00 pm Tech Tuesday 2:00 pm Artist Spotlight and Convo w/Maxine 11:30 am Trevor Goodyear – Social Worker **Nutr Ed. Virtual: Preserving Summer's Bounty	26 9:00 am Hydration Review and Convo 10:00 am Local News & Iona Resource Book 11:00 am Games with Dennis 12:00 pm Lunch 1:00 pm Arts and Culture Discussion 2:00 pm Let's Travel to an Oasis w/Maxine
--	--	---



20 9:00 am Local News and Conversation 10:00 am Brain Trivia 11:00 am Virtual Chair Fitness w/Maxine 12:00 pm Lunch 1:00 pm Weekly Afternoon Movie	21 9:00 am Oasis Support and Conversation 10:00 am Newsbreak and TV 11:00 am Housing Resources w/Dennis 12:00 pm Lunch 1:00 pm Aroma Therapy and Fitness 2:00 pm Bingo with Maxine
27 9:00 am Local News and Conversation 10:00 am Brain Trivia 11:00 am Virtual Chair Fitness w/Maxine 12:00 pm Lunch 1:00 pm Weekly Afternoon Movie	28 9:00 am Oasis Support and Conversation 10:00 am Newsbreak and TV 11:00 am Housing Resources w/Dennis 12:00 pm Lunch 1:00 pm Aroma Therapy and Fitness 2:00 pm Bingo with Maxine



31 9:00 am Health Resource / News 10:00 am Music and Arts 11:00 am Games and Social Hour 12:00 pm Lunch 1:00 pm IONA Resource Guide Review 2:00 pm Seasonal Resources-Summer Heat	11:30 am Trevor Goodyear – Social Worker 9/1 9:00 am News and Conversation 10:00 am Health Resource 11:00 am Chair Fitness w/Ayanna 12:00 pm Lunch 1:00 pm Tech Tuesday 2:00 pm Artist Spotlight and Convo w/Maxine			
	2:00 pm Artist Spotlight and Convo w/Maxine 11:30 am Trevor Goodyear – Social Worker	9/2 9:00 am Hydration Review and Convo 10:00 am Local News & Iona Resource Book 11:00 am Games with Dennis 12:00 pm Lunch 1:00 pm Arts and Culture Discussion 2:00 pm Let's Travel to an Oasis w/Maxine	9/3 9:00 am Local News and Conversation 10:00 am Brain Trivia 11:00 am Virtual Chair Fitness w/Maxine 12:00 pm Lunch 1:00 pm Weekly Afternoon Movie	9/4 9:00 am Oasis Support and Conversation 10:00 am Newsbreak and TV 11:00 am Housing Resources w/Dennis 12:00 pm Lunch 1:00 pm Aroma Therapy and Fitness 2:00 pm Bingo with Maxine

AUGUST

2026

