



| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| <p><b>Memory Wellness:</b> Gentle games for memory support</p> <p><b>Field Trip:</b> Recreational activities offsite (transportation provided)</p> <p>*Please note that you can expect slight adjustments to activities if there is a field trip or if a recreation coordinator is out (such as board games, trivia, etc.)</p> |   | <p><b>1</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Photography Club</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Movie Madness</b></p>   | <p><b>2</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Spades</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Coloring</b></p>  | <p><b>3</b></p>    |
| <p><b>6</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Pool &amp; Board Games</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Memory Wellness</b></p>   | <p><b>7</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Trivia</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Origami</b></p>   | <p><b>8</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Photography Club</b><br/>           12:00 pm Lunch<br/>           12:30 pm <b>Brain Health Presentation</b><br/>           1:00 pm <b>Brain Health Bingo</b></p> | <p><b>9</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Spades</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Sewing</b></p>  | <p><b>10</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Would You Rather</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>BINGO</b></p> |
| <p><b>13</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Nutrition Talk w/ Laura</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Memory Wellness</b></p>   | <p><b>14</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Trivia</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Pottery</b><br/>           12:30pm – 2:00pm <b>Nutrition Clinic w/ Laura</b></p>                               | <p><b>15</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Program Planning Meeting</b><br/>           12:00 pm Lunch<br/>           12:30 pm <b>Memory Clinic</b><br/>           1:00 pm <b>Memory Clinic</b></p>         | <p><b>16</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Spades</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Junk Ties w/ Cheryl</b></p>                                    | <p><b>17</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Would You Rather</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>BINGO</b></p> |
| <p><b>20</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Pool &amp; Board Games</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Memory Wellness</b></p>  | <p><b>21</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Trivia</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Sewing</b></p>   | <p><b>22</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Photography Club</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Movie Madness</b></p>  | <p><b>23</b></p> <p><b>10:00AM - Arundel Mills</b><br/>           10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Spades</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Coloring</b></p> | <p><b>24</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Would You Rather</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>BINGO</b></p> |
| <p><b>27</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Pool &amp; Board Games</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Memory Wellness</b></p>  | <p><b>28</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Trivia</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Diamond Painting</b></p>  | <p><b>29</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Photography Club</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Movie Madness</b></p>  | <p><b>30</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Spades</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: Painting</b></p>   | <p><b>31</b></p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Would You Rather</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>BINGO</b></p> |
| <p>8/3</p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Pool &amp; Board Games</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Memory Wellness</b></p>  | <p>8/4</p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Trivia</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: TBD</b></p>  | <p>8/5</p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Photography Club</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Movie Madness</b></p>  | <p>8/6</p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Spades</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>Arts &amp; Crafts: TBD</b></p>  | <p>8/7</p> <p>10:00 am <b>Coffee &amp; Conversation</b><br/>           11:00 am <b>Would You Rather</b><br/>           12:00 pm Lunch<br/>           1:00 pm <b>BINGO</b></p>       |