

# Senior Service Network Lead Agencies



FACT SHEETS ARE A JOINT PROJECT OF IONA AND THE DC DEPARTMENT OF AGING AND COMMUNITY LIVING

The DC Department of Aging and Community Living (DACL) manages many services for DC residents who are age 60+. Some of these services are directly provided by DACL. Others are provided by local nonprofits who receive funding from DACL. These nonprofits are called “Lead Agencies.” While not every Lead Agency serves residents from every neighborhood, collectively they cover all of the city.

## ALL LEAD AGENCIES OFFER THESE CORE SERVICES:

### ▶ NUTRITION COUNSELING

Your Lead Agency offers help with diet and choosing healthy foods.

### ▶ SUPPLEMENTAL NUTRITION PROGRAM

Each Lead Agency offers Boost or Ensure health drinks to older residents facing malnourishment. A doctor’s prescription is required.

### ▶ CONGREGATE MEAL SITES

There are more than 24 free meal sites that provide a hot lunch on weekdays. Some sites also offer fun activities and social opportunities. If you’re a DC resident who is 60+, you can attend a meal site in any neighborhood. Your Lead Agency can help you find the meal site closest to you.

### ▶ SOCIALIZATION & RECREATIONAL PROGRAM

These programs include various activities older adults can partake in such as exercises, arts and crafts, gatherings, and more. They serve as an opportunity for seniors to be interactive within their communities.

## DACL LEAD AGENCIES

To access core services, contact your neighborhood’s Lead Agency.

### WARD 1

TERRIFIC Inc.  
202-882-1160  
[terrificinc.org](http://terrificinc.org)

### WARD 2

TERRIFIC Inc.  
202-882-1160  
[terrificinc.org](http://terrificinc.org)

### WARD 3

Iona Senior Services  
202-895-9448  
[iona.org](http://iona.org)

### WARD 4

TERRIFIC Inc.  
202-882-1160  
[terrificinc.org](http://terrificinc.org)

### WARD 5

Seabury Resources for Aging  
202-529-8701  
[seaburyresources.org](http://seaburyresources.org)

**TURN OVER  
TO LEARN MORE ▶**

## OTHER SERVICES PROVIDED BY LEAD AGENCIES

Each Lead Agency also offers a number of other services. Eligibility ranges for the specific service. Some might be restricted to residents of certain neighborhoods. Others could be citywide. They might also have age restrictions.

### ▶ EAST OF THE RIVER FAMILY STRENGTHENING COLLABORATIVE

Offers resources for individuals who are deaf and hard of hearing, a senior socialization hub, socialization calls, friendship cafes, senior wellness centers, care coordination, heavy house cleaning, and more.

### ▶ IONA SENIOR SERVICES

Offers exercise, support groups, mental health counseling, socialization calls, and adult day health services to older adults and their family caregivers citywide. Also offers private-pay care management services. Some residents of Maryland or Virginia may also access services. DMV residents can also borrow canes, walkers, and wheelchairs from Iona's free Loan Closet.

### ▶ SEABURY RESOURCES FOR AGING

Runs three low-cost senior housing programs. Its Age-in-Place program helps older residents (in Wards 4-6) with yardwork and house cleaning. Seabury also offers private-pay care management and supportive services for older adults who are losing or have lost their vision.

### ▶ TERRIFIC INC.

Offers socialization, 19 community dining sites, caregiver-respite care, social, recreational and cultural activities through the Oasis Center for Homeless Seniors and the Asian Pacific Islander Community Center.

## PAYING FOR CARE

Services that are not funded by DACL might charge fees. They might also be covered by other sources including: insurance, individual donations, or grant and foundation support. You can learn more by contacting the Lead Agency.

## DACL LEAD AGENCIES (continued from front)

### WARD 6

Seabury Resources for Aging  
202-397-1725  
[seaburyresources.org/](http://seaburyresources.org/)

### WARD 7

East of the River Family  
Strengthening Collaborative  
202-534-4880  
[erfsc.org/senior-services/](http://erfsc.org/senior-services/)

### WARD 8

East of the River Family  
Strengthening Collaborative  
202-562-6860  
[erfsc.org/senior-services/](http://erfsc.org/senior-services/)

You can also find information  
on DACL's website:

[dacl.dc.gov/service/lead-agencies](http://dacl.dc.gov/service/lead-agencies)

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## EVALUATING AVAILABLE PROGRAMS

Here are some questions to think about – and ask a day program representative – as you evaluate different options available in your area.

- Does it provide the types of help you and your family member need?
- How are the staff trained to work with older adults with memory loss?
- What activities and services does it offer?
- What are its hours and how does the staff handle late arrivals and late pick-ups?
- How does the staff handle emergencies?
- How will the staff evaluate your family member's needs?
- At what point – as your family member's memory or physical needs worsen – will the program be unable to continue offering care?

- Visit [iona.org](http://iona.org) or call
- 202-895-9448 for
- other helpful fact sheets.

Adult Day  
Health Services

Legal Aid

Memory  
Evaluations

Transportation  
for  
Independent  
Riders and  
Riders Who  
Need Assistance

Veteran's Aid &  
Assistance

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