



Volunteer Application

The information on this application helps us connect you with the volunteer opportunity that will best suit you.

| PERSONAL INFORMATION | | | |
|---|-----------------|---|--------|
| Name: | | | |
| Phone - Home: | | Phone - Cell: | |
| Current address: | | City: | State: |
| Email: | | | Zip: |
| <input type="checkbox"/> Yes, I would like to receive Iona's eNews for upcoming events, volunteer opportunities, articles, and more. | | | |
| Occupation: | | Employer: | |
| Does your employer have a community service program?: Yes <input type="checkbox"/> No <input type="checkbox"/> | | If yes, staff contact name: | |
| Phone - Work: | Email: | Do you have a vehicle? Yes <input type="checkbox"/> No <input type="checkbox"/> | |
| School/University: | Dates attended: | Major: | |
| Do you speak any foreign language(s)? | | | |
| Please inform us of any physical, mental, or medical limitation(s) which may prevent you from performing some volunteer tasks: | | | |
| Are you looking to complete community service hours at Iona? Yes <input type="checkbox"/> No <input type="checkbox"/> How many? | | | |
| If yes, please explain: | | | |
| Are you interested in gaining work experience? Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| If yes, please explain: | | | |
| EMERGENCY CONTACT | | | |
| Name: | | | |
| Phone: | | Relationship: | |
| VOLUNTEER EXPERIENCE | | | |
| Have you ever worked with older adults before? Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| If yes, in what way? | | | |
| Please list previous volunteer experiences: | | | |
| What specific skills, expertise, interests, etc. would you bring to Iona? Please attach your resume - with cover letter - if appropriate: | | | |
| REFERENCES (NOT RELATED TO APPLICANT) | | | |
| Name: | Relationship: | Email/Phone: | |
| 1. | | | |
| 2. | | | |
| 3. | | | |

AVAILABILITY AND VOLUNTEER INTERESTS

Please let us know when it is convenient for you to volunteer by marking the spaces below:

| | 9:00 | 10:00 | 11:00 | 12:00 | 1:00 | 2:00 | 3:00 | 4:00 | 5:00 |
|-----------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Monday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Tuesday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Wednesday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Thursday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Friday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Saturday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sunday | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us anything else we should know about the times you are available to volunteer:

As an Iona Volunteer, I am interested in enabling older adults to live independent lives in the following ways:

| | |
|--------------------------|--|
| <input type="checkbox"/> | <p>Age Well/Live Well Volunteers: Match one-to-one with an older adult in Washington, DC to combat social isolation. Help with grocery shopping, assist with simple hands-on tasks, and/or make social visits. Volunteers are trained and supported by an Iona social worker. (approximately one hour per visit, one to three visits monthly, during day-time hours on weekdays or weekends) One year commitment required.</p> <p>Please mark your preference(s) below:</p> <p><input type="checkbox"/> Grocery Shoppers (shopping on behalf of an older adult)</p> <p><input type="checkbox"/> Friendly Visitors (socializing)</p> <p><input type="checkbox"/> Hands-on Helpers (aiding with paperwork, helping to organize items for donation, assisting with sorting mail, etc.)</p> <p><input type="checkbox"/> Medical Escorts (no driving)</p> <p><input type="checkbox"/> Other:</p> |
| <input type="checkbox"/> | <p>Active Wellness Program at St. Albans Volunteers: Our volunteers provide welcome support through: greeting participants, placing reservations, setting up for classes and meals, assisting in the kitchen, serving lunch, helping with workshops, seminars, and field trips. (Program located next to the National Cathedral). (Weekdays, 9:30 AM-2:00 PM)</p> |
| <input type="checkbox"/> | <p>Wellness and Arts Center Volunteers: Assist in creating a friendly atmosphere for older adults by supporting Iona staff with recreational activities, sharing your talents, socializing, helping with lunch, and administration. (Program located at Iona, 4125 Albemarle Street, NW). (Weekdays, 8:30 AM-5:00 PM)</p> |
| <input type="checkbox"/> | <p>Specialist Pro-Bono Volunteers: Provide professional expertise or guidance to Iona. Areas of need include: communications, medical and health services, information technology, policy, and research.</p> |
| <input type="checkbox"/> | <p>Administrative Assistants: Help Iona accomplish its mission by contributing your organizational and/or administrative skills. Roles include: answering phones, data entry, filing, and general clerical assistance: (Weekdays)</p> <p>Do you have any computer skills? Yes <input type="checkbox"/> No <input type="checkbox"/> Are you familiar with Microsoft Office? Yes <input type="checkbox"/> No <input type="checkbox"/></p> |
| <input type="checkbox"/> | <p>Internships: Iona offers a structured learning environment with supervision on meaningful projects. Focus areas include: project management, social work, communications, public relations, information technology, advocacy, policy, and education.</p> |
| <input type="checkbox"/> | <p>Other: Please explain how you would like to volunteer with Iona.</p> |

SIGNATURE

I hereby affirm that all of the information I have provided on this application and in the interview process is true and complete.
I authorize Iona Senior Services to check my references, if required, as listed on the first page of this application.
I understand that Iona Senior Services assumes **NO LIABILITY** while I volunteer/intern.

Signature of applicant:

Date:

Part of the District's Senior Service Network--

4125 Albemarle Street, NW

Tel: (202) 895-9448

Website: www.iona.org

Supported by the Department of Aging and
Community Living



Washington, DC 20016

Fax: (202) 895-0244

United Way: #8833
CFC: #2489

Thank you for your interest in volunteering with Iona Senior Services!

Please email this completed form to Tania Gembala Sechriest at volunteer@iona.org