

<b>In-Person Classes (March)</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Pilates Mat at Georgetown Library with Ayanna 9:30 am- 10:15am	Pilates Mat at Georgetown Library with Ayanna 9:45 am- 10:30am	Yoga at Tenley Library with Beth 10:30 am – 11:30 am	<b>Strength, Balance, and Core at Palisades Rec. with Emma</b> 10:00 am-11:00 am	<b>Zumba Gold at Iona with Ruth</b> 10:00 am-11:00 am
Zumba Gold at Tenley-Friendship Library with Ruth 10:00 am-11:00am				
Fine Arts Lesson at Cleveland Park Library with Dominique 10:30 am – 12:30 pm	The Art of Noticing at Georgetown Library with Samantha 11:00 am-12:30 pm	The Art of Noticing at Adas Israel with Samantha 1:00 pm- 2:30 pm		Yoga at Cleveland Park Library with Camille 11:00 am-12:00 pm
				Tai Chi at Palisades Library with Diane 11:00 am-12:00 pm
Yoga at Georgetown Library with Beth 11:00 am- 12:00 pm	Yoga for Balance on the Floor at Chevy Chase Comm. Center with Regine 12:15 pm- 1:15 pm	Move to Music at West End Library with Ruth 1:00 pm- 2:00 pm	<b>Tai Chi Chuang at Chevy Chase Comm. Center with Edward</b> 1:00 pm- 2:00 pm	Chair Yoga at MLK Library with Beth 11:00 am – 12:00 pm
<b>Fitness at Iona with Emma</b> 1:30 pm- 2:30 pm <b>(FULL)</b>	Yoga for Balance with a Chair at Chevy Chase Comm. Center with Regine 1:15 pm- 2:15 pm	<b>NEW!</b> Zumba Gold with Ruth at West End Library 2:15 pm-3:15pm		
	Yoga at Palisades Library with Beth 2:00 pm-3:00 pm	<b>Senior Sing a Long at Iona and Virtual with Deborah</b> 3:00 pm-4:00 pm		
				<b>Tai Chi at Guy Mason Center with Ed</b> 3:00 pm – 4:00 pm

**Programs at Iona- Blue, Programs at a Rec-Pink, Library-Black**

\*\*Paper Calendar is subject to change without notice, please visit [Aaroundtowndc.org](http://Aaroundtowndc.org) to register for classes and see all events.